



A.D.A.M.

2019 Fall Convention



September 22 – 24, 2019

Hosted by North Missouri Chapter

Quality Inn

Hannibal, MO

Activities Directors Association of Missouri
22731 East Main Street
Kahoka, MO 63445

Meeting & Education Schedule

Sunday, September 22nd

**Registration open 7:45am to 10:00am*

8:00 – 9:00 By-Laws Committee Meeting

Certification Committee Meeting 1 CEU

9:00 – 10:00 Marketing Committee Meeting

Speaker Committee Meeting 1 CEU

10:00 – 11:00 *“Life for Others: Helping Residents in Long-Term*

Care Give Back to Their Communities.” 1 CEU

Presented by Susan Jotte,

11:00 – 12:00 *“Theme Days” 1 CEU*

Presented by Daisy Murphy, Adm

12:00 – 1:00 *Lunch (on your own)*

Registration open 12:45 – 1:30

1:00 – 2:00 Executive Board Meeting 1 CEU

2:00 – 4:00 General Board Meeting 1.5 CEU

6:00 to 8:00 River Boat Cruise

Dinner, Awards and Entertainment

Monday, September 23rd

**Registration open 7:30-8:15am*

Basket auction open 8:00am-5:00pm

8:30 to 10:00 *“Be The Change” and “Grant Writing”*

Presented by Amy Vaughn 1.5 CEU's

10:15 to 11:45 *“Cognitive Stimulation Therapy”*

Presented by Debbie Blessing 1.5 CEU's

12:00 to 1:00 Lunch on Your Own

1:00 – 4:00 Live Webinar – *“Programming for Men” and*

“Dealing with Challenging Situations”

Presented by Amanda Bulgarelli, with Positive Approach

to Care, Associate of Teepa Snow 3.0 CEU's

4:15 – 6:00 Vendors Open

5:15 – 5:45 *Hospitality Room Open*

6:00 Dinner and Evening Your Own

Tuesday, September 24th

**Registration open 7:30-8:15am*

Basket Auction open 8:00am – 10:00am

8:30am – 10:15am *“Intimacy, Sexuality in Dementia” 1.5 CEU*

Presented by Brenda Akers, BSW, Social Worker

10:15 *Break and Silent Auction Baskets to be awarded*

10:30am – 12:30pm *“Intimacy, Sexuality in Dementia” 1.5 CEU*

Continued by Brenda Akers, BSW, Social Worker

Total of 15.5 CEU's available

*Each chapter please remember to bring
a basket for the Silent Auction.*

*Please bring in all baskets before 5:30pm on Sunday or
by 8:00am Monday*

Hotel Information

The convention will be held at the

Quality Inn

120 Lindsey Drive, Hwy 36,

Hannibal, MO, 63401

Phone: (573) 221-4001

Room rates are \$85.95 plus tax

Please call for reservations by August 22, 2019

Breakfast included with room

Come and Join Us

You are invited to join us for the A.D.A.M. Fall Convention in Hannibal, MO. You will have the opportunity to earn 15.5 CEU Hours during 3 days of education, meetings and sharing. We look forward to seeing you!

Who Should Attend?

Activity Directors, Activity Assistants, Administrators, Social Workers, Nurses and Volunteers working in any Long Term Care Facilities, Assisted Living, Adult Day Care and Retirement Home will find this information valuable in developing a quality activity program. The information provided can be made to fit any type of setting. For more information about our organization, check out the A.D.A.M. website www.activitydirectorsofmo.org and converse with other members on our face book page: Activity Directors of Missouri – A.D.A.M.

Photos

Photos will be taken during the conference and by registering you are consenting to be included in those pictures, or you will need to inform the person taking pictures at the time not to include you.

Banquet Night

Please come dressed in casual attire. Our evening banquet will be highlighted by the presentation of awards for 2019. Entertainment will be provided on the boat.

* * Credit Card Payments * *

We have now made arrangements and are able to accept credit cards. Please give your card information on the form. We encourage you to bring your card with you and Kathy can swipe it as you check in. Cards will not be charged until convention time. If you register and do not show up or cancel prior, your card will still be charged for the registration fee.

Speakers

Sunday

“Life for Others: Helping Residents in Long-Term Care Give Back to Their Communities.”

Presented by Susan Jotte. Susan Jotte manages “Life for Others” — a resource of social service projects completed by people living in long-term care. Inspired by a resident who made inspirational cards for inmates, Life for Others helps all residents find their way to live a “Life for Others.” Susan is an Administrative Hearings Officer with the Department of Social Services and a former long-term care ombudsman for Northeast Missouri."

“Theme Days”

Presented by Daisy Murphy. Daisy Murphy is the Administrator at Scotland County Care Center. She has been in the health care environment since 1975 and has held many positions: CNA, CMA, LPN, Charge Nurse, Social Service Director, and Activity Director. She has held positions for large nursing home corporations as Administrator and Regional Director overseeing 5 Nursing Homes. She belongs to Missouri Health Care Association and is a board member of MNHIT.

Monday

“Be the Change” and “Grant Writing”

Presented by Amy Vaughn. After serving as Program Director of a youth service-to-work program for over 12 years, Amy Vaughn knew the impact that had been made on the lives of kids in her small service area. Amy, however, also knew it was much bigger than that. She felt that God had placed her here to take the message and concept to other communities, and she is doing just that. Amy inspires, empowers and encourages those who want to see a different world to take an active step to create a different world, and she helps them do that. Amy provides curriculum, initial help with start-up fundraising and marketing, works side-by-side with

communities on-site to train local staff and volunteers, and provides extensive and continued support via email, phone and web as the community develops their own unique program. Once the program is up and stable, Amy's work will fade, however, Be The Change will always be available for as needed consulting and support. Service-to-work programming not only prepares at-risk youth to successfully enter the work force, but equally important (if not more) youth learn the importance of giving back to others. Be The Change For Your Community will give you the tools, skills, and support you need to start youth programming in your community that will not only impact the youth, but everyone who is touched by it. This concept is guaranteed to change your community, but only if YOU are willing to "Be The Change!" I challenge you to put apathy and despair aside, and focus on what YOU (and YOUR COMMUNITY) can accomplish if you only try!

"Cognitive Stimulation Therapy"

Presented by Debbie Blessing. Thank you for having me present at your fall conference for the Activities Directors Association of Missouri. As I mentioned, I will be speaking about Cognitive Stimulation Therapy (CST) an evidence-based group and individual intervention for adults with mild to moderate dementia. CST is a simple and straightforward program that is easily implemented in the community and in long-term care settings. The evidence behind CST supports improvement cognition specifically in the area of language and word recall, in addition, improved quality of life for those participating in the group program. CST is as cost-effective as some anti-dementia medications and there are no negative side effects.

Debbie has a Bachelor of Science degree in Psychology from Buena Vista University and a second Bachelor degree in Communications from Missouri State University. She worked 20 years for the Department of Health and Senior Services, Division of Senior and Disability Services as an Adult Protective Service investigator and supervisor. Currently, she is the Geriatric Workforce Enhancement Program (GWEP) project coordinator for A.T. Still University Area Health Education Centers (ATSU AHEC) Program

where she facilitates group and individual Cognitive Stimulation Therapy sessions. She is the primary developer and course coordinator for the interprofessional individual cognitive stimulation therapy (iCST) elective course at ATSU. She is also a regional National Task Group (NTG) trainer on the topic of Capable Care for Adults with Intellectual and Developmental Disabilities and Dementia.

"Programming for Men" and "Dealing with Challenging Situations"

Presented as a live webinar by Amanda Bulgarelli, with Positive Approach to Care. Amanda's formal training in Educational Leadership and teaching has provided the skills and abilities to be an effective speaker and trainer for Positive Approach®. Amanda is accomplished in various educational models and can give each person an individual experience while teaching PAC philosophies and skills. Amanda has had the opportunity to speak and train at various educational conferences in the US, Canada and has presented to groups in Bedford and Gloucester England. Growing up with Teepa as a mother, Amanda has been a part of the Positive Approach® to Care team from the very beginning. As a teenager, she served as a volunteer as Teepa developed and refined her approach and skills. Training runs in her veins, and Amanda is passionate about spreading the knowledge and awareness that has become part of the fabric of her career and relationships.

Tuesday

"Intimacy, Sexuality in Dementia"

Dementia may cause changes in intimacy and sexual behavior which can be a challenge for caregivers. This workshop will explore best practices regarding a better understanding and response to intimacy and sexual situations with residents who have dementia.

Presented by Brenda Akers, BSW, Social Worker, Lutheran Senior Services at Meramec Bluffs, St. Louis, MO. Akers has worked as a social worker since 1996. Her passion is working with individuals with dementia.

REGISTRATION FORM

Complete registration includes all educational sessions and Sunday Banquet (Dinner Cruise).

Confirmation of receipt of payment will be sent by e-mail.
If you have not heard by Friday, Sept. 20th, please check with
Cathy Wolverton 816-716-1252 (cell).

A.D.A.M. Member \$ 150.00 _____
Non-member \$ 190.00 _____

Sunday
Cruise Only \$ 45.00 _____

Monday and Tuesday only
A.D.A.M. Member \$110.00 _____
Non-member \$140.00 _____

Monday only
A.D.A.M. Member \$ 80.00 _____
Non-member \$ 100.00 _____

Tuesday Only
A.D.A.M. Member \$ 35.00 _____
Non-member \$ 45.00 _____
Group rate for Tuesday – 5 or more
from same facility \$20.00 each _____

Amount Enclosed _____
OR
Amount to be charged to credit card _____

NAME: _____

CHAPTER: _____

FACILITY: _____

ADDRESS: _____

CITY: _____ STATE: ____ ZIP: _____

PHONE: _____ WORK PHONE: _____

First Time Attendee ____ Yes ____ No

E-MAIL: (needed for registration confirmation)

We are able to accept credit cards. Card information:

Make of your credit card: _____

Credit Cards # _____

Expiration Date _____

Make Checks Payable to A.D.A.M. and mail to:

Cathy Wolverton
502 NE Adams Drive
Lee's Summit , MO 64086