

A.D.A.M.

2016 Fall Convention



*Rock of Ages
In the 80's*

September 18 – 20, 2016
Hosted by Pony Express Chapter
Stoney Creek Hotel & Conf. Center
St. Joseph, MO

Activities Directors Association of Missouri
D. Smith
RR 3, Box 3
Kahoka, MO 63445

Meeting & Education Schedule

Sunday, September 18th

**Registration open 9:00 to 10:00am*

- 8:00 – 9:00 By Laws Committee Meeting
Certification Committee Meeting 1 CEU
- 9:00 – 10:00 Marketing Committee Meeting
Speaker Committee Meeting 1 CEU
- 10:00 – 11:00 “Re-motivating Our Residents” 1 CEU
Presented by Betty Hancock, ADC/MCAD/CTRS
- 11:00 – 12:00 “Memories in the Making” 1 CEU
By Tami Bruton-Harris, MCAD/ADC/CDP/AC-BC/MIM Facilitator
- 12:00 – 1:00 Lunch (on your own)
Registration open 12:45 – 1:30
- 1:00 – 2:00 Executive Board Meeting 1 CEU
- 2:00 – 4:00 General Board Meeting 1.5 CEU
- 6:00 to 8:00 Banquet and Awards Presentation
- 8:00 – 9:00 Entertainment
Basket silent auction open 5:30 – 8:00pm
Please bring in all baskets before 5:30pm

Monday, September 19th

**Registration open 7:30-8:00am*

Basket auction open 8:00am-5:00pm

- 8:00 to 12:00 “Professional Enhancement for Activity Professionals” Presented by Michael McCann 4 CEU’s
- 12:00 to 1:00 Noon Lunch
- 1:00 - 5:00 “Professional Enhancement for Activity Professionals” Continues Presented by Michael McCann 4 CEU’s
- 5:30 – 5:45 *Hospitality Room Open*
- 5:30 – 7:30 Dinner on Your Own
- 7:30 – 8:30 “Relax & Create” Instructor Molly Ring 1 CEU
- 8:30 – 9:30 *Hospitality Room open*

Tuesday, September 20th

**Registration open 7:30-8:00am*

Basket Auction open 8:00am – 10:00am

- 8:00 to 10:00 “Dealing with Stress in the Workplace and How to Help Your Families Process Their Feelings of Admitting Their Loved One” Presented by Jennifer L. Kusilek 2 CEU’s
- 10:00 – 10:15 Break
- 10:15 *Silent Auction Baskets to be awarded*
- 10:30 – 11:30 “Activity Ideas/Hospice Information”
Presented by Andy Campbell 1 CEU
- 11:30 – 1:00 “Generational Flow Purposeful Activities to Meet a Variety of Needs” Presented by Dr. Sue Myllykangas 1.5 CEU

Total of 20 CEU’s available

Each chapter please remember to bring a basket for the Silent Auction.

Hotel Information

The convention will be held at the
Stoney Creek Hotel & Conference Center
1201 Woodbine Road
St. Joseph, MO 64506
816-901-9600 or 800-659-2220
Room rates are \$89.00 plus tax for Deluxe King or Double Room
Please call for reservations by August 17, 2016
and tell them the code Activities Directors of State of Missouri

Come and Join Us

You are invited to join us for the A.D.A.M. Fall Convention in St. Joseph, MO. You will have the opportunity to earn 20 CEU Hours during 3 days of education, meetings and sharing. We look forward to seeing you!

Who Should Attend?

Activity Directors, Activity Assistants, Administrators, Social Workers, Nurses and Volunteers working in any Long Term Care Facilities, Assisted Living, Adult Day Care and Retirement Home will find this information valuable in developing a quality activity program. The information provided can be made to fit any type of setting. For more information about our organization, check out the A.D.A.M. website www.activitydirectorsofmo.org and converse with other members on our face book page: Activity Directors of Missouri – A.D.A.M.

Photos

Photos will be taken during the conference and by registering you are consenting to be included in those pictures, or you will need to inform the person taking pictures at the time not to include you.

Banquet Night

Please come dressed in 80's style. Our evening banquet will be highlighted by the presentation of awards for 2016. Entertainment will be provided.

* * **NEW THIS YEAR** * *

We have now made arrangements and are able to accept credit cards. Please give your card information on the form. We encourage you to bring your card with you and Kim can swipe it as you check in. Cards will not be charged until convention time. If you register and do not show up or cancel prior, your card will still be charged for the registration fee.

Speakers

“Remotivating Our Residents” Presented by Betty Hancock, ADC/MCAD/CTRS

Remotivational Therapy is a bridge back to reality. It is designed to help the participant to see that she/he has contributed by looking at past achievement.

Betty Hancock started working at Lacoba in January 1972. She worked as the beautician, housekeeping and in the nursing department as a CNA. She was appointed the Activity Director in the fall of 1981. Betty knew she needed more education so she enrolled at Missouri State University the fall of 1981. She set up the department while attending college. She discussed how to set up an activity department and volunteered with many Activity Directors. Betty attended all the seminars/workshops she could and graduated Cum Laude in the fall of 1994 with a BS in Recreation and Leisure Studies, emphasis Therapeutic Recreation. In 2002 Betty was Missouri Health Care outstanding employee, in 2003 she received the Lieutenant Governor Nursing Home Award and in 2008 the Activities Directors Association of Missouri “Activities Director of the year.”

“Memories in the Making” Presented by Tami Bruton-Harris, MCAD/ADC/CDP/AC-BC/MIM Facilitator

Memories in the Making is a structured gathering of people with Dementia and their care partners creating through painting. Self-expression through painting, an alternative method of communicating, providing a calm stress-free opportunity to still be creative and express inner thoughts and feelings.

“Professional Enhancement for Activity Professionals”

Presented By Michael McCann

This course goes a step beyond the 36-hour certification course and develops a “tool box” for leaders as it challenges them to go beyond working day to day issues. This program includes marketing and community relations tactics, strategic planning, hiring and leading creative teams, advocating against ageism, helping seniors face retirement and become engaged in their lives, technology, fundraising strategies, volunteerism and community outreach, and addressing spiritual issues of aging.

Providing leadership to all facets of life enrichment for Friendship Senior Options, **Michael McCann** has over 20 years of providing character and leadership development. As a transformational executive leader and cultural enthusiast, Michael uses his experience in ministry, counseling, mythology, story-telling, to motivate, teach and facilitate long-term personal development and well-being. Michael is also on the faculty for College of Dupage as well as a contributing partner with McHenry County College, Harper and Roosevelt Universities teaching physical, mental and spiritual wellness to older adult students. He also writes a monthly wellness blog for McKnight's Senior Living News.

“Relax & Create” Come enjoy a relaxing evening and paint your own masterpiece. Instructor **Molly Ring** will lead participants through an acrylic painting experience that can be adapted to use with residents. She will also share examples and additional art activities. **Molly Ring** is a graduate of the University of Missouri with degrees in Art and Art education. She is an Art Specialist at Benton High School in Saint Joseph, MO. Molly hosts monthly art activities with her students at Living Community of St. Joseph, where her husband, Derrick, works in building maintenance.

“Dealing with Stress in the Workplace/ and How to Help Your Families Process Their Feelings of Admitting Their Loved One”
By Jennifer Kusilek

Jennifer Kusilek has worked with the residents of LaVerna-Savannah for two years, and has six years of long-term care experience as an Activity Director, and Social Services Director as well as a Chaplain. She has her Bachelor of Science Degree in Mass Communications/Broadcast Journalism as well as her Social Services Designee and Activity Director Qualification, and is an Ordained Minister and Chaplain. She loves people and the challenge of helping them to reach their full potential educationally, physically, emotionally and spiritually. She has travelled to India several times to work with the poor and needy, praying for the sick to be healed in Jesus name and seeing lives changed. Jennifer lives in St. Joseph with her husband of 25 years, is the mother to three amazing sons and has a wonderful daughter in law.

“Activity Ideas/Hospice Information” Presented by
Andy Campbell, Hospice Care Consultant
Andy will be talking about the activities and music he incorporates with Hospice Care in the 25 different homes he visits.
Andy Campbell is a Hospice Care Consultant with Compassus Hospice & Palliative Care. In 2008, Andy won a Colgate Country Showdown. After this he signed a publishing contract with BMI in Nashville, TN. Andy has been with Compassus Hospice about 5 years now, but continues with his music. In fact he will be recording 3 new songs shortly after this is written. Compassus is the largest independent hospice care provider in the nation. Their first office was opened in 1978 in Missouri

“Generational Flow - Purposeful Activities to Meet a Variety of Needs” Presented by Dr. Sue Myllykanga
Professionals in aging care services face a unique dilemma of how to provide meaningful activities for patients/residents that can span across five decades. The wants and needs of members in each decade can vary greatly. This interactive presentation will provide opportunities to gain an understanding of the unique perspectives, wants, and needs of different aged generations. Practitioners will learn how to use a holistic assessment to determine purposeful activities that meet the needs of patients/residents while using generational cues to motivate their participation. Opportunities for networking and an idea exchange will be provided.

“Dr. Sue” earned a Bachelor of Science degree in Parks and Recreation Management from the University of Southern Colorado. She then worked for 15 years as a Certified Therapeutic Recreation Specialist in city, municipal and clinical settings. In 2000, she earned her Master of Arts degree in Gerontology: Management/Administration from the University of Northern Colorado. Dr. Sue then attended Indiana University where she worked at the Center on Aging and Aged and completed her Doctor of Philosophy degree in Leisure Behavior with minors in Family Studies and Gerontology in 2005. She currently is an Associate Professor at Northwest Missouri State University coordinating the undergraduate Parks and Recreation program and Gerontology/Aging Studies programs, and teaching courses in recreation management, therapeutic recreation, and gerontology.

REGISTRATION FORM

Complete registration includes all educational sessions, Sunday Banquet and Monday lunch.

Confirmation of receipt of payment will be sent by e-mail. If you have not heard by Friday, Sept. 16th, please check with Kim Waelder 573-221-5533 or cell 573-406-3132.

A.D.A.M. Member \$ 130.00 _____
Non-member \$ 160.00 _____

Sunday
Banquet Only \$ 25.00 _____

Monday and Tuesday only
A.D.A.M. Member \$ 110.00 _____
Non-member \$ 130.00 _____

Monday only
A.D.A.M. Member \$ 75.00 _____
Non-member \$ 100.00 _____

Tuesday Only
A.D.A.M. Member \$ 50.00 _____
Non-member \$ 65.00 _____

Monday Lunch Only \$ 19.00 _____

Monday Evening Painting Class \$20.00 _____

Amount Enclosed _____

OR

Amount to be charged to credit card _____

NAME: _____

CHAPTER: _____

FACILITY: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ WORK PHONE: _____

First Time Attendee ____ Yes ____ No

E-MAIL: (needed for registration confirmation)

* I will be attending the "Memories in the Making" on Sunday
_____ Yes _____ No

* I will attend the "Painting Class" on Monday evening (\$20.00)
_____ Yes _____ No

* **Numbers attending needed for supplies***

We are now able to accept credit cards. Card information:

Make of your credit card: _____

Credit Cards # _____

Expiration Date _____

Make Checks Payable to A.D.A.M. and mail to: Kim Waelder

3170 Hwy. 61 N

Hannibal, MO 63401